



Keep Your Family Safe This Flu Season

This year it's especially important to make sure children are protected from the flu.

TEACH YOUR CHILD TO:

1. Wash their hands frequently at home and at school
2. Cover their coughs and sneezes with their elbow
3. Not touch their eyes, nose or mouth
4. Not share straws, cups, masks or items that come in contact with their mouth or face



Joe DiMaggio Children's Hospital encourages you to continue to see your pediatrician to stay on schedule with well-child visits and immunizations, including flu shots, and give your child flu antiviral drugs if their doctor prescribes them.



Joe DiMaggio Children's Hospital